Social Media based Simulation Models for Understanding Disease Dynamics

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Abstract

In this modern era, infectious diseases, such as H1N1, SARS, and Ebola, are spreading much faster than any time in history. Efficient approaches are therefore desired to monitor and track the diffusion of these deadly epidemics. Traditional computational epidemiology models are able to capture the disease spreading trends through contact network, however, one unable to provide timely updates via real-world data. In contrast, techniques focusing on emerging social media platforms can collect and monitor real-time disease data, but do not provide an understanding of the underlying dynamics of ailment propagation. To achieve efficient and accurate real-time disease prediction, the framework proposed in this paper combines the strength of social media mining and computational epidemiology. Specifically, individual health status is first learned from user’s online posts through Bayesian inference, disease parameters are then extracted for the computational models at population-level, and the outputs of computational epidemiology model are inversely fed into social media data based models for further performance improvement. In various experiments, our proposed model outperforms current disease forecasting approaches with better accuracy and more stability.

1 Introduction

The seasonal flu kills 290 to 650 thousand people every year, according to the Centers for Disease Prevention and Control (CDC) and the World Health Organization (WHO)¹. Flu is not only “deadly” but also “expensive”. For example, in the United States, it causes significant economic loss up to $87 billion annually. Further more, because of modern transportation, these diseases can spread much faster and hit larger population. In March 2009, swine flu first occurred in Mexico and California, and soon reached all parts of the world as a result of airline travel [Girard et al., 2010]. How to efficiently monitor and track the dynamics of ongoing epidemic diseases is one of the most crucial challenges in the field of public health. Currently, two related research branches have been working on this challenge, namely, social media mining and computational epidemiology.

Computational epidemiology models usually utilize social contact network to simulate the flu spreading process. Specifically, each person in such a system will be assigned geographical, social, behavioral, and demographic attributes (e.g., age and income) [Bisset et al., 2009]. And the social contact network is simulated through assigning daily activities and locations for each node (person) in the network [Bisset et al., 2009; Barrett et al., 2009]. The epidemic dynamics are then modeled as diffusion processes across the network, which enables the computation of infectious time and location for all individuals. However, they are highly dependent on surveillance data provided by the Centers for Disease Control and Prevention (CDC) to estimate parameters, which results in following two limitations.²

1) Low effectiveness. CDC surveillance data is updated once per week, with at least one week delay in real-time disease transmission. Such outdated data can hardly achieve good performance in monitoring the rapidly spreading epidemics. 2) Insufficient accuracy. CDC provides surveillance data at the state-level, with not much detailed information for subregions such as counties. The granularity of these data is too fine to tune accurate pa-
rameters for model estimation.

On the other hand, social media users may report their symptoms through online posts, which are known to be the best signals for early disease detection, even before diagnoses [Kriek et al., 2011]. Several attempts have been made to track disease outbreaks through studying the relationship between the aggregate volume of flu-related social media posts and CDC data [Achrekar et al., 2012; Hirose and Wang, 2012; Culotta, 2010; Wang and Zhao, 2018; Zhao et al., 2016; 2017]. They usually first identify flu-related tweets by keyword selection and then try different regression models to correlate the tweet volume and CDC statistics [Hirose and Wang, 2012; Culotta, 2010]. However, most social media mining techniques are purely data-driven methods, and do not have a clear understanding of the underlying social contact network in the disease diffusion. As later demonstrated in Section 4, social media mining methods are “short-sighted” in nature. They are good at real-time detection and short-term prediction, since they can utilize the most up-to-date social media data. However, they perform poorly in long-term disease forecasting, because they ignore the inherent features of the disease and therefore fail to model their spreading process.

As discussed above, computational epidemiology models can capture the diffusion patterns of disease spread through detailed simulation of the real world, but their “intelligence” has not been fully developed due to the limitations of CDC data in effectiveness and accuracy. In contrast, social media mining methods can utilize the most updated user-provided data, but lack the global knowledge in disease modeling. Zhao et al. [Zhao et al., 2015] proposed a hybrid solution by considering the two factors through one optimization goal. In this paper, we further propose a novel Social Media based Simulation (SMS) model, a framework consist of both graphical model using text mining and computational simulation system.

Specifically, as shown in Figure 1, the proposed SMS model considers online posts from users in social media space, as well as underlying social contact network in computational simulation space. In the social media space, SMS model infers users’ health status through their posts. First, SMS model is able to identify infected users through tweets such as “4th day with flu”. Second, this model is also capable of identifying potential patients in their incubation period through tweet such as “I felt so tired. I am sick?” These individual posts are then analyzed and aggregated into population-level parameters for simulation space. Based on the detailed social contact network, the disease propagation process is optimized in the simulation. After that, the outputs of computational part are fed into the social media space as the prior knowledge for learning in the next iteration. Such iterative feedback mechanism benefits the learning for both the spaces, and therefore perfectly tackles the challenges that previous social media mining methods and computational epidemiology models can not handle. The major contributions of this paper are summarized as follows.

- A unified framework that jointly models social media mining and epidemiology simulation is proposed. The proposed SMS model will collect and analyze the most updated data from social media, and at the same time, is capable of inferring the underlying propagation process like a standard computational model.
- A “dual-space” learning model is developed for mining the disease diffusion patterns. Our SMS model consists of two spaces: social media space and simulation space. Different methodology is adopted in different spaces for optimal performance. Meanwhile, information is efficiently shared across the spaces with carefully-designed learning strategies.
- A novel learning algorithm consisting of multiple inference technologies is developed. A variety of learning approaches are incorporated into the SMS model, including Gibbs sampling, maximum likelihood estimation, and numerical optimization.
- Extensive experiments were performed to demonstrate the effectiveness of the proposed the SMS model. The SMS model is tested on large-scale datasets and is compared with four existing state-of-the-art algorithms. With extensive quantitative and qualitative experimental results, the SMS model shows significant improvement over both social media mining methods and computational epidemiology models.

2 The Proposed SMS Model

The overall goal of this paper can be formally defined as: using the social media data streams $U$ as inputs, estimate the health status $S_{V,t}$ at each time stamp $t$ for the population $V$ in the targeted region. To achieve this goal, our proposed SMS model integrates two spaces (simulation space and social media space) within one framework, as shown in Figure 2. In this section, we first introduce the independent learning process within each space, and then present the information sharing mechanism between the two spaces.

2.1 Learning in Social Media Space

Social media data is defined by $D = \bigcup_{u \in U; t \in T} D_{u,t}$, where $D_{u,t}$ is the post of user $u$ at time $t$. Note that, multiple posts of user $u$ within time interval $t$ are integrated as one document. In the well-known SEIR model, each person is assumed to be in one of the following states: susceptible (S), exposed (E), infectious (I), and recovered (R). Generally speaking, the individual shows no symptoms in the susceptible (S) and recovered (R) status, will be infected but not yet infectious in the exposed (E) status, and suffers from severe symptoms in the infectious (I) status. Social media users will not post content related to disease in status S and R, since no symptoms are shown in these two states. Therefore, our work assumes a user can be in one of following three health states: healthy (S) and R of SEIR), exposed (E), and infectious (I).

As shown in Figure 2 and Algorithm 1, SMS model learns health status from social media data through a specially designed Bayesian graphical model. The generative process of words in our model for social media posts consists of three stages. First, the health status $s$ is chosen from per-document

http://www.cdc.gov/flu/weekly/fluviewinteractive.htm

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multinomial distribution with prior $\mu$: $s = 0$ indicates the user of the corresponding post is healthy (S and R of SEIR); $s = 1$ implies the user is exposed but has not been confirmed as infected (e.g., “I feel so tired all day even with 9 hours sleep”); and $s = 2$ denotes the user has been infected, with words such as “get the flu, in bed.” Second, after choosing the value for $s$, topic $z$ is drawn from $K$-dimensional topic mixture $\theta_s$. Different from other topic models, each document here is associated with $S$ topic distributions. This scheme enables the prediction of the health status based on the extracted topics. Finally, a word is generated from word distribution $\phi_{s,z}$, conditioned on both topic $z$ and health status $s$.

Algorithm 1: generation process of words in social media space of SMS model.

```
for each label $s = 1, 2, ..., S$ do
    for each topic $z = 1, 2, ..., K$ do
        Draw $\phi_{s,z} \sim \text{Dir}(\beta)$;
    end
end

for each time stamp $t = 1, 2, ..., T$ do
    for each document $D_{u,t} = 1, 2, ..., U$ do
        Draw $\mu_{u,t} \sim \text{Dir}(\gamma)$;
        for each label $s = 1, 2, ..., S$ do
            Draw $\theta_{u,t,s} \sim \text{Dir}(\alpha)$;
        end
        for each word $w$ in document $D_{u,t}$ do
            Draw $s \sim \text{Multi}(\mu_{u,t})$;
            Draw $z \sim \text{Multi}(\theta_{u,t,s})$;
            Draw $w \sim \text{Multi}(\phi_{s,z})$;
        end
    end
end
```

Besides, a multinomial variable $S_{u,t} = (h_{u,t}, e_{u,t}, i_{u,t})$ is defined for the health status of each user $u$ at time $t$ in social media space. In this vector, only one element equals to 1, and other two elements equal to 0. Specifically, $h_{u,t} = 1$ indicates the user is healthy, $e_{u,t} = 1$ denotes the user is exposed to the disease, and $i_{u,t} = 1$ means the user became infectious. $S_{u,t}$ can be viewed as a “summary” of variable $s$ that: variable $s$ indicates the status for each word, while $S_{u,t}$ indicates the health status for each user. Therefore, the values of elements in $S_{u,t}$ can be computed through posterior distribution of variable $s$: the $s$-th ($s = 0, 1, 2$) element in variable $S_{u,t}$ is 1, when the maximal element in posterior distribution of $s$ is the one with index $s$.

2.2 Learning in Simulation Space

Simulation space is a contact network $\mathcal{G} = (\mathcal{V}, \mathcal{E}, \mathcal{W})$, where $\mathcal{V}$ is the targeted population, $\mathcal{E}$ is the edge set, and $\mathcal{W}$ are weights for edges. Specifically, node $v_1 \in \mathcal{V}$ in the network denotes an individual, who has a contact with another individual $v_2$ through edge $(v_1, v_2) \in \mathcal{E}$, with contact duration equal to $w(v_1, v_2)$. Under the contact network $\mathcal{G}$, person $v_2$ can be infected by person $v_1$ with probability $p(w(v_1, v_2), \tau)$, where $\tau$ is the transmission probability per contact time unit. Similar to health status of social media users, we assume each person $v$ in the simulation world is associated with three statuses: healthy (S and R), exposed (E), and infectious (I). Incubation period $p_E(v)$ and infectious period $p_I(v)$ denote the duration of exposed status and infectious status for person $v$, respectively.

To minimize the inconsistency of social media space and simulation space, the hidden health states calculated by the simulation should be consistent with those obtained from social media. Although it is impossible to map each person in the simulation space to a specific user in the social media space, the hidden health states calculated by the simulation should be consistent with those obtained from social media. Therefore, the two spaces at the population level is practical and sufficient for our task. Specifically, we compare the social media users with simulated people within the same region (e.g., counties or states), which can be formalized by the following loss function:

$$
\mathcal{L} = \min_\tau \sum_{t=1}^{T} \sum_{v=1}^{V} (I_{v,t}(\mathcal{G}, p_E, p_I, \tau) - \sum_{u=1}^{U} I_{u,t})^2 + \sum_{t=1}^{T} \sum_{v=1}^{V} (E_{v,t}(\mathcal{G}, p_E, p_I, \tau) - \sum_{u=1}^{U} E_{u,t})^2.
$$

$I_{v,t}(\mathcal{G}, p_E, p_I, \tau)$ is the overall infectious state of simulation results at time $t$, and $E_{v,t}(\mathcal{G}, p_E, p_I, \tau)$ is the corresponding incubation state. Here, the transmission probability $\tau$ is the parameter needed to be optimized to achieve the best performance.

2.3 Interaction between Two Spaces

The key to the information transferring from social media space to simulation space is to find a way to aggregate individual-level social media posteriors into population-level parameters. In Equation (1), $p_E$ and $p_I$ are input parameters required by the simulation space. The specific incubation period $p_E(v)$ and infectious period $p_I(v)$ for each individual $v$ can be viewed as observations from multinational distributions $\text{multi}(p_E)$ and $\text{multi}(p_I)$. As mentioned above,
although it is unrealistic to link each user \( u \) in social media space to each individual \( v \) in simulation space, the estimation based on population-level is sufficient for our task. The maximum likelihood solutions for \( p_E \) is thus calculated as the expectation of social media users’ incubation period \( n_E' / |U| \), where \( n_E' \) denotes the number of users whose incubation period is equal to \( t \) days. The estimation of parameter \( p_I \) can be calculated in a similar manner.

Conversely, the simulation outputs can also be used to improve the learning performance in social media space. On one hand, in social media space, the ideal values for Dirichlet prior \( \gamma \) of healthy status \( s \) should reflect the health status of the population. On the other hand, the simulation outputs include health status of the population. Specifically, two transition parameters, the incubation rate \( \mu_{t,e} \) and the infectious rate \( \mu_{t,i} \), are defined to denote the ratio of exposed and infectious persons among the entire population, respectively. These values are calculated as shown in Equations (2) and (3):

\[
\mu_{t,e} = \sum_{v=1}^{V} E_{v,t}(G, p_E, p_I, \tau) / V, \quad (2)
\]
\[
\mu_{t,i} = \sum_{v=1}^{V} I_{v,t}(G, p_E, p_I, \tau) / V, \quad (3)
\]

where \( E_{v,t}(G, p_E, p_I, \tau) \) and \( I_{v,t}(G, p_E, p_I, \tau) \) are outputs from simulation space, as mentioned in Equation (1). Gamma prior for a Dirichlet parameter of healthy status \( s \) (\( s \) can be \( e \) or \( i \)) at epoch \( t \) is therefore computed as follows:

\[
\gamma_{t,s} \sim \text{Gamma}(\sigma_{t,s}, \sigma), \quad (4)
\]

where the mean is proportional to the simulation output parameter \( \mu_{t,s} \), while parameter \( \sigma \) controls the consistency of the prior.

3 Model Inference

Although exact inference of posterior distributions for hidden variables in the SMS model is generally intractable, the solution can be estimated through approximate inference algorithms, such as variational expectation [Blei et al., 2003; Hoffman et al., 2013; 2010], Gibbs sampling [Griffiths and Steyvers, 2004; Porteous et al., 2008; Casella and George, 1992], maximum likelihood estimation [Christopher, 2007; Bock and Aitkin, 1981], and numerical optimization [Qin et al., 2009; Wright and Nocedal, 1999]. First, Gibbs sampling is used for the inference of the proposed text mining model in social media space, as this approach can yield more accurate estimation compared to variational inference in LDA-like graphical model. Second, maximum likelihood estimation (MLE) is adapted to estimate the incubation period \( p_E \) and infectious period \( p_I \). And the operations in the simulation space are optimized through Nelder-Mead method [Lagarias et al., 1998; Nelder and Mead, 1965].

Using Algorithm 1 and the graphical model in Figure 2, the joint distribution of SMS model in social media space can be represented as Equation (5):

\[
P(\mathbf{w}, \mathbf{z}, \mathbf{s} | \alpha, \gamma, \beta) = \prod_{m=1}^{M} \prod_{n=1}^{N} p(w_{mn} | s_{mn}, z_{mn}) \prod_{m=1}^{M} \prod_{n=1}^{N} p(z_{mn} | \theta_{mn}) \prod_{m=1}^{M} \prod_{n=1}^{N} p(s_{mn} | \mu_{mn}) \prod_{m=1}^{M} p(\mu_{mn} | \gamma) \prod_{s=1}^{S} \prod_{n=1}^{N} p(\theta_{mn} | \alpha) p(\gamma | \varphi, \sigma). \quad (5)
\]

The key to this inferential problem is to estimate the posterior distributions of the following hidden variables: (1) topic assignment indicator \( z_{mn} \) for words; (2) label assignment indicator \( s_{mn} \) for words; (3) topic mixture proportion \( \theta_{mn} \) and label mixture proportion \( \mu_{mn} \). The last term \( p(\gamma | \varphi, \sigma) \) of Equation (5) is as follows:

\[
p(\gamma | \varphi, \sigma) = \prod_{s} \frac{\Gamma(\sigma_{\varphi,s})}{\Gamma(\sigma_{\varphi,s} + 1)} \exp\left(-\varphi_{s} \gamma_{s}\right), \quad (6)
\]

where \( \Gamma(\cdot) \) is the gamma function. From the joint distribution, the full conditional distribution for a word term \( i = (m, n) \) can be derived, where \( i \) denotes word \( n \) in document \( m \). As a special case of Markov chain Monte Carlo, Gibbs sampling iteratively samples one instance at a time, conditional on the values of the remaining variables.

\[
p(z_{mn} = k | \mathbf{w}, \mathbf{z}, \mathbf{s}, \gamma) = \frac{\sum_{v=1}^{V} (n_{x,z-i} + \beta) \sum_{z=1}^{K} (n_{z,m} + \alpha)}{\sum_{z=1}^{K} (n_{z,m} + \alpha)} \quad (7)
\]

In the above equation, \( V \) is the size of the vocabulary, \( K \) is the number of topics, \( n_{x,z-i} \) is the number of topic \( z \) and label \( s \) assigned to term \( i \) in the scope of the entire data set, without current instance \( i \) and its topic assignment. \( n_{z,m} \) is the number of words selecting label \( s \) and topic \( z \) in document \( m \) except current instance \( i \).

\[
p(s_{mn} = s | \mathbf{w}, \mathbf{z}, s_{-i}) \propto \frac{\sum_{i=1}^{V} (n_{x,z-i} + \beta) \sum_{z=1}^{K} (n_{z,m} + \alpha)}{\sum_{i=1}^{V} (n_{x,z-i} + \beta) \sum_{z=1}^{K} (n_{z,m} + \alpha)} \quad (8)
\]

Similar to the inference of \( z \), \( n_{x,z-i} \) is the number of topic \( z \) and label \( s \) assigned to term \( i \) in the scope of the entire data set, without current instance \( i \) and its label assignment. \( n_{z,m} \) is the number of words choosing label \( s \) and topic \( z \) in document \( m \) except current instance \( i \), and \( n_{z,m} \) is the number of words (remove instance \( i \)) choosing label \( s \) in document \( m \).

Parameters \( \Phi_{x,z}, \theta_{m,z}, \mu_{ms} \) and \( \mu_{ms} \) are multinomial distributions with Dirichlet priors, and can be easily computed according to Bayes rule and the definition of Dirichlet prior.

The optimal values of transmission rate \( \tau \) are searched using Nelder-Mead optimization method, since solving for \( \tau \) with respect to loss function \( \mathcal{L} \) in Equation (1) is a non-convex and non-differentiable problem.

SMS model is based on semi-supervised learning. In the training process, SMS model is fed with labeled tweets (health states). The trained model \( M \) of text part in social media space of SMS contains the distribution of words \( \phi_s \) for
4.2 Labels and Evaluation Metrics

In this paper, the ground truth influenza data used for validation is provided by the Centers for Disease Control and Prevention (CDC), which contains the percentage of weekly physician visits related to influenza-like illness (ILI) for most regions in the United States.

In this paper, three different widely used metrics for evaluating the prediction performance are adopted: Pearson correlation, mean squared error (MSE), and peak-time error. Pearson correlation is the covariance of predicted results and the ground truth divided by their deviation product. It measures the linear relationship between variables, with values varying between +1 and -1. The larger Pearson correlation value implies the stronger positive linear correlation between two variables. Mean squared error (MSE) is the mean of squared error between the predicted results to the ground-truth class labels. Peak-time error is the difference between predicted peak time (the week with largest infected population) and the actual peak time. A smaller peak-time error indicates better forecasting performance.

4.3 Comparison Methods

The proposed SMS model is compared with four other models, including 2 social media mining methods (LinARX and LogARX) and 2 computational epidemiology models (SEIR and EpiFast).

LinARX [Achrekar et al., 2011] uses standard autoregressive exogenous model to explore the dependence between influenza-like illness (ILI) visits and social media data time series. The orders of LinARX for the Twitter data time series and CDC time series are set as 2 and 3 based on cross-validation.

LogARX [Achrekar et al., 2012] evolved from LinARX, where an additional logit function transformation is introduced in order to enforce 0-1 classification boundary for ILI visit percentage. The orders of LogARX for both time series (CDC and social media time series) are set as 2 based on cross-validation.

SEIR [Murray, 2002] models epidemic dynamics into four health states: susceptible (S), exposed (E), infectious (I), and recovered (R). The volume of the positive tweets classified was fed into above mentioned LinARX model. The orders of the LinARX model for both time series (Twitter data and CDC data) were set as 2 based on cross-validation.

1https://github.com/mapbox/carmen
EpiFast [Beckman et al., 2014] simulates disease propagation in a social contact network. Nelder Mead method [Beckman et al., 2014] is adopted to minimize the error between predicted results and actual ILI visit percentage.

4.4 Results

In this section, models were compared by the percentage of ILI visits, with lead times varied from 1 week to 20 weeks. The results are validated in terms of three evaluation metrics introduced above for two states (MA and MD). Due to page limitation, only results of year 2013 are being reported here, and similar patterns can be seen in other years.

Performance on Pearson correlation.
The forecasting performance in terms of Pearson correlation in Massachusetts (MA) and Maryland (MD) is reported in Figure 3. In general, SMS model yields the best overall performance in terms of Pearson correlation, methods based on social media mining (LinARX and LogARX) can achieve better performance than the popular computational epidemiology methods (SEIR and EpiFast) for shorter periods, but computational models show their advantage with larger lead times.

As shown in Figure 3, the Pearson correlations of social media mining methods are high when the lead time is small, for example, less than 2 weeks. However, their performance decreases quickly with the increase in lead time. On the contrary, although the computational epidemiology methods perform worse than social media mining techniques at shorter lead times, they become more stable as the lead time increases. Our SMS model has a comparable initial performance with social media mining methods, and outperform them significantly with a large margin when the lead-time is over 10 weeks.

These results based on Pearson correlation confirm that our proposed SMS model is the best performer over all other methods, social media methods are good at predicting the near future, and the computational models are better for long-term forecasting. These phenomena are inevitable, driven by the underlying characteristics of different methods. Social media mining methods highly rely on real-time data. Such dependence leads to their good performance of predicting outcomes in the near future, but results in their inability to achieve long-term stability. Computational epidemiology methods, on the other hand, use CDC data which inherently was 1-2 weeks of time lag. Thus they are less sensitive to the current data and perform worse than social media approaches in forecasting the near future. SMS model benefits from utilizing real-time data and combining it with long-term progression mechanism, and therefore achieves the best overall performance.

Performance on MSE and Peak-time Error.

Table 1 shows the mean squared error (MSE) results for five methods. Each term is the mean value of the MSEs with different lead times plus/minus corresponding standard deviation. SMS model is the best performer, with smallest average mean and the least variance in both cases. Generally, computational epidemiology models are better than social media mining methods. First, computational epidemiology method, SEIR, is the second best performer. Second, computational epidemiology models are more stable. Their standard deviations are much smaller than their mean values, while social media mining methods’ deviations have the same orders of magnitude with their corresponding mean values. This is
because computational epidemiology approaches can model long-time disease spreading patterns across contact network, and obtain more robust performance than social media mining methods.

Figure 4 displays the performance of peak-time errors, i.e., the difference between predicted and actual peak time. Peak-time prediction is decided by larger volume data points rather than isolated moments, which requires significant prior knowledge compared to other measurements. Here we made two variations: “Simu” is the method that only comprises of computational space, and “Social” is the variation that only includes social media mining component. As can be seen from the figure, “Social” method usually starts as the best performer (at lead-time of 1 or 2 weeks), but its errors continue growing with increase in lead-time. Computation-only variation “Simu” generally produces better results at larger lead-times, but are less stable compared to SMS. For example, for the performance in MA, errors of “Simu” method grow dramatically from lead-time of 11 to 12 weeks, and quickly drop again at lead-time 13 weeks. The hybrid version, SMS model, is more stable, which always “smartly” chooses the pattern that can yield better results.

5 Conclusion
This paper provides a novel framework for forecasting disease spread on large-scale social contact network. On one hand, similar to social media mining models, the proposed SMS model can analyze the semantic meaning of the social media data and infer users’ health status through Bayesian inference model. On the other hand, similar to computational methods, our SMS model can aggregate the individual results into population-level parameters required for simulation. Our extensive experimental results show that the SMS model has obvious advantages over both computational epidemiology models and social media mining methods. For short-term forecasting, SMS model can achieve the best performance using most up-to-date health information from social media data. Also, SMS model can maintain a good long-term (more than 10 weeks) prediction performance, as well as other computational methods, through its powerful simulation component.

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